

SKY RIDE LOCAL

Free weekly bike rides in your area

Plymouth City Council in partnership with Sky and British Cycling are hosting weekly group cycling activities throughout the summer.

Sky Ride Local rides are tailored for specific cycling abilities and are led by a British Cycling trained ride leader.

Whether you're looking for a leisurely off-road family ride or a challenging ride uphill there is something for everyone. They range from two miles up to 23 miles taking from 30 minutes up to two hours.

Take a look at the ride descriptions overleaf and select from the dates and locations overleaf.

For more information about the cycling routes and to register visit:

www.plymouth.gov.uk/skyridelocal
or

www.goskyride.com/plymouth

You can also find information about our Breeze women only rides and social cycling group rides by logging on to the sites.

Ride Easygoing

Great for all abilities and ages: relaxed and mostly traffic-free routes

Ride Steady

Ideal for fairly confident riders: leisurely with modest hills some quiet roads

Ride Challenging

Longer rides on road and some steep hills



	Date	Ride	Time	Location
Easygoing	Sunday 7 June	Victoria Park figure of eight	2pm	Stonehouse Creek Leisure & Social Club
Easygoing	Sunday 21 June	Steam along the Plym Valley	2pm	National Trust car park Plymbridge
Easygoing	Sunday 12 July	Saltram Park loop	10am	The Ride car park off Billacombe Road
Easygoing	Sunday 26 July	Steam along the Plym Valley	2pm	National Trust car park Plymbridge
Easygoing	Sunday 2 August	Wildlife and wilderness	2pm	Coypool Park and Ride
Easygoing	Sunday 9 August	Victoria Park figure of eight	2pm	Stonehouse Creek Leisure & Social Club
Easygoing	Sunday 16 August	Saltram Park loop	10am	The Ride car park off Billacombe Road
Easygoing	Sunday 23 August	Victoria Park figure of eight	2pm	Stonehouse Creek Leisure & Social Club
Easygoing	Sunday 30 August	Wildlife and wilderness	2pm	Coypool Park and Ride
Easygoing	Sunday 6 September	Saltram Park loop	10am	The Ride car park off Billacombe Road
Easygoing	Sunday 27 September	Wildlife and wilderness	2pm	Coypool Park and Ride
Steady	Sunday 28 June	City streets and park life	2pm	Stonehouse Creek Leisure & Social Club
Steady	Sunday 5 July	Waterway and woodland	11am	National Trust car park Plymbridge
Steady	Sunday 26 July	Plym estuary ramble	10am	Coypool Park and Ride
Steady	Sunday 2 August	City streets and park life	10am	Stonehouse Creek Leisure & Social Club
Steady	Sunday 30 August	Waterway and woodland	11am	National Trust car park Plymbridge
Steady	Sunday 4 October	City streets and park life	2pm	Devil's Point car park
Steady 8+	Sunday 7 June	Mount Batten Cruise	10am	Propeller Statue, Hotel Mount Batten
Steady 8+	Sunday 14 June	Wildlife and wilderness	10am	National Trust car park Plymbridge
Steady 8+	Sunday 19 July	History and heritage	10am	Devil's Point car park
Steady 8+	Sunday 9 August	Waterway and woodland	10am	The George Park and Ride
Steady 8+	Sunday 23 August	Air to moor	10am	The George Park and Ride
Steady 8+	Sunday 20 September	Wildlife and wilderness	10am	The George Park and Ride
Steady 8+	Sunday 20 September	City streets and park life	2pm	Devil's Point car park
Steady 8+	Sunday 11 October	Waterway and woodland	10am	National Trust car park Plymbridge
Steady 8+	Sunday 18 October	Waterway and woodland	10am	The George Park and Ride
Steady 8+	Sunday 1 November	Mount Batten Cruise	10am	Propeller Statue, Hotel Mount Batten
Challenging	Sunday 16 August	Wildlife and wilderness	2pm	The George Park and Ride
Challenging	Sunday 13 September	Down the Plym Valley	11am	Devil's Point car park
Challenging	Sunday 25 October	Wildlife and wilderness	10am	The George Park and Ride