

# TAMAR 100 SUNDAY 18TH JUNE 2017

Start: 10:00am, Lord Louis, Plympton, PL7 3DE Grid Ref: SX 544 567

Refreshments available at the Start and Finish

A DATC event organised by CTC Plymouth under the auspices of CTC Devon

Organiser: Dave Newman 01752 847492 ICE: Neil Crowley 07788794761

Abbreviations: TL/TR= Turn Left/Right. SO = Straight On. FL/FR = Fork Left/Right. X = Cross Roads. TJ = T Junction. \$ = Sign Post. RAB = Roundabout. TLS = Traffic Lights. Distances given are approximate.

## PART 1: PLYMPTON TO TAVISTOCK

From the Lord Louis R onto Glen Road. At RAB 1<sup>st</sup> exit into Strode Road. 2<sup>nd</sup> L into Galileo Close. 1<sup>st</sup> R into Torbtidge Road. At staggered X SO into Clifton Avenue. At TJ TL still on Clifton Avenue to Boringdon Hill where R. Shortly TL onto Crossway. At RAB 2<sup>nd</sup> exit onto Plymbridge Road then imm. L onto Larkham Lane. Take 4<sup>th</sup> road on R into St Magarets Road. 1<sup>st</sup> L into Lichaton Crescent. At TJ TL into Greenway Avenue. At grass rectangle TL to Lynwood Avenue where R (westerly direction). At TJ R and imm. L into Woodford Close. Keep L on road and follow to Coypool Road and near start of Plym Valley Cycle Path.

Once on cycleway continue for approx. 7 miles to Clearbrook Community Village Hall. TR down hill over narrow bridge and continue up steep hill to junction at top. SO on main road towards Cadover Bridge. At sharp RH bend in road TL on lane (direction Meavy). TR on lane (view of Burrator reservoir to the L - you have now climbed over 950 feet). Continue on lane and finally descend into the tiny hamlet of SHEEPS TOR. Go through village and take 1<sup>st</sup> lane on R to circle Burrator Reservoir in an anti-clockwise direction. At TJ (cattle grid) TR into road

to DOUSELAND. Go through village. At X (B3212) TL into YELVERTON. At RAB pick up Drake's Trail on opposite side. Continue on trail to TJ (Anderton Road) where L. SO into Buzzard Road and follow to RAB. Take 2<sup>nd</sup> exit on Plymouth Road (A386) towards TAVISTOCK. Remain on A368, passing Lidl and Morrisons on L and continue to Drake's statue RAB. Take 2<sup>nd</sup> exit onto Plymouth Road (still A368) and follow to next RAB (Tavistock museum and pannier market in front of you). Take 1<sup>st</sup> exit. At next RAB take 1<sup>st</sup> exit to the Pasty House on R. **(CONTROL: refreshments available, get cash receipt or stamp).**

## PART 2: TAVISTOCK TO GOLBERDON.

TR out of Pasty House continue along West Street to TJ where R onto continuation of West Street. At RAB SO on Ford Street to next RAB. 2<sup>nd</sup> exit direction Callington past RC Church on L. Next R \$ MILL HILL 1 ½ miles. At X R \$ Mill Hill ¼ mile. At TJ L by Mill Hill quarries. At X CHIPSHOP (Copper Penny Inn) SO B3362 (CARE). Keep on lane following signs for Scrub Tor (CARE: steep hill and sharp RH bend) and follow lane through to HORSEBRIDGE. **(CONTROL: date of bridge)** Cross river and continue on lane for 2 miles keeping to the north of Stoke Climsland and Venterdon to A388. SO \$ Bray Shop. SO X and at next X L to B3257 where SO \$ South Hill. At X (church on L) L on lane and shortly R to

GOLBERDON. In GOLBERDON SO at X to TREVIGRO. At bottom of village SO (CARE: blind crossing) Follow lane to FROGWELL. Continue downhill to NEWBRIDGE and TR on A390. Cross bridge and imm. TL. **CONTROL/ REFRESHMENT in picnic area on L. PART THREE: NEWBRIDGE TO SALTASH**

L out of CONTROL In one mile at top of steep hill L through CRIFT (no \$).

Follow lane over ford (CARE) to TJ where L and over clapper bridge (River Lynher). Soon R on lane to PILLATON passing Weary Friar Inn on L and continue to TJ where R \$ SALTASH.

Descend steeply to LH bend. Follow road through HATT and RAB. 3<sup>rd</sup> exit (CARE busy road). Follow A388 through CARKEEL to RAB. **USE NEW FOOTBRIDGE TO CROSS BUSY**

**A38.** Continue on path and rejoin road just before Lidl on L. At RAB SO to TLS (middle lane). L imm. R and follow main road into Fore Street (SALTASH). At bottom of Fore Street TR into Lower Fore Street. In 50 metres join cycle path on L and cross the Tamar Bridge.

#### **PART FOUR: TAMAR BRIDGE TO FINISH**

Bear R past public conveniences and enter Pemross Road. Descend to traffic island and follow it round to the R into Wolseley Road. Cross pedestrian crossing. At RAB SO. At TLS (Weston Mill Community Primary School) SO. At next TLS filter R into Saltash Road. Stay on main road until road bends sharply L

into Albert Road. At TLS SO up hill. 2<sup>nd</sup> R on hill into Exmouth Road. At X L into Portland Road. 1<sup>st</sup> R on road. At TJ R on Exmouth Road to Devonport Road where R to TLS. SO into Kings Road. At RAB 1<sup>st</sup> L. At next RAB 3<sup>rd</sup> exit into Durnford Street. 1<sup>st</sup> L into Stonehouse Street. Follow round to Millbay Road where L. At 2<sup>nd</sup> RAB 3<sup>rd</sup> exit into West Hoe Road and keep L along Radford Road. At TJ L onto Grand Parade and later Hoe Road. After 600 m down R on Madeira Road past Citadel and descend to Mayflower Steps on R on Barbican. Continue R over swing bridge and follow cycle path past the Aquarium to Teats Hill Road. Follow Teats Hill Road for 200 m to Clovelly Road. Continue to end of Clovelly Road and TR at TLS into Macadam Road. In 350 m L on Macadam Road. At TJ R onto Oakfield Terrace Road. At RAB take 2<sup>nd</sup> exit Finnigan Road and follow to A379. Cross main road and R onto pavement and cross Laira Bridge. At TLS L along The Ride to the entrance to Saltram Park. Bear R on main path to top of hill by Saltram House. Keep R on path to Colesdown Hill (The Drake Memorial Park). L on main road. Cross A38 road bridge on Merafield Road. 1<sup>st</sup> R into Ridge Road. Next L onto Drunken Bridge Hill. At TJ R onto Underwood Rd and very soon L into Dark Street Lane. At TJ R onto Mudge Way and SO at RAB to next RAB where 2<sup>nd</sup> exit into Moorland Road and down to Lord Louis and **FINISH.**