

TAMAR 100K

LEGENDA:

L = left R = right SO = straight on / straight over / no turns J = junction TJ = T junction L/H = left hand
TL = traffic light RAB = roundabout X = crossroads ToH = top of hill BoH = bottom of hill \$ = sign posted
imm. = immediately m/r = main road d/c = dual carriageway r/w = railway u/h = up hill d/h = down hill wh.
= where thr' = through ca. = about

All places in **Bold** are passed through on the immediate route. Information in *Italics*.

From **Saltash Service Station** L @ RAB onto **A388** thr' **Carkeel** to RAB in **Hatt** wh. L (**\$Pillaton 3**). Continue ca. 2¾ miles. @ ToH L @ X (**\$Pillaton/Clapper Bridge**) and SO thr' village. @ T L (**\$St German's**). Over bridge (*River Lynher*). Next R on hill (**\$Ford 1 mile**). Over ford, u/h. Past farms. Fork L u/h @ T (**No \$**) and SO on lane to **A390** wh. L (**\$Pensilva 3**). Next R (CARE!)(**\$Pensilva 2 ½**). In village (*opp. Victoria Inn*) bear L u/h (\$Liskeard 5) to **B3254** wh. L (**\$Crow's Nest 1**) and next R (**\$St Crow's Nest 1**). Continue SO thr. **Darite, Hr Tremarcoombe** to T wh. L (\$St Cleer 1½). 3rd R (\$Golitha Falls/**Boventor 7**). SO up valley (*River Fowey*) to **Bolventor** and **Jamaica Inn**. @ T (**old A30**) R and soon join d/c (**A30 \$Launceston**). In ca. 3 miles (*after JET garage on L*) L off A30 (\$Altarnun) thr' **Trewint, Five Lanes**. L (\$Camelord 8 ½). 1st L (**\$Altarnun**), over river, u/h and R (*just before Trewen sign*). Bear R @ grass triangle. @ X (*Tregunnon - not \$*) SO, thr' **Gimblett's Mill** (*not \$, crossing River Inny @ BoH*), u/h thr' **Trespearne** (*not \$*) to m/r (**A395**). SO and next R (**\$Tregeare**), thr' village

(\$Egloskerry), thr' **Badharlick** and R @ T BoH (*grass triangle*). Next L and follow lane all the way round to **Launceston**. Just after 30 mph signs keep SO on lane over Tredydan Rd., (*passing Wooda Forge and Priory Meer on R*), thr' narrow gate ahead, onto short track, past terraced houses on L, to m/r (**A388**) wh. L and imm. R (CARE!) into **Wooda Road**. Follow road (*name changes*) to **A388** wh. R and continue gently u/h. L (\$Callington 10 ½). **[NB: Tea Stop/Toilettes here in Tesco Superstore on R – recommended!]**. @ RAB SO \$ Plymouth (A388). In about 1 mile L off A388 (\$Lawhitton 1½/**Stourscombe**). Descend soon (CARE! – steep hill) to T (**A384**). SO (**\$Leburnick**). In ca. 1 mile R (\$*Unsuitable for long and wide vehicles/\$Rezare 2*) to **Rezare**. Thr' village to T (steep hill – CARE!) wh. L.

Follow thr' **Stoke Climsland** to **Kelly Bray** and m/r wh. L into **Callington**. @ TL SO to RAB @ ToH. SO on **A388** and stay on A388 thr' **St Mellion, Hatt**, passing garden centre on R, thr' **Carkeel** to RAB wh. R to **Saltash Service Station** and **FINISH**.